

Relating to Time Pressures

Saturday Morning Workshop Illustration
Parallels between Time & Money

“ARE YOU FEELING THE SQUEEZE?”

Money

Time

The 3 Positions

Having some savings

Being “ahead of the game”

Breaking even

Just barely keeping up

Being in debt

Always “behind schedule”

The Problem

Spending money you can’t afford

Spending time you can’t afford

Wasting money on things not important

Wasting time on things not important

Being overextended financially
(to expenses good or bad)

Being overextended in your
time commitments (good or bad)

The Solution

Having financial boundaries

Having time boundaries

Being careful how you spend it

Being careful how you spend it

Planning how you will maximize
your use of money before you spend it
(also known as budgeting)

Planning how you will maximize
your use of time ahead of time
(schedules, routines, lists, etc.)

The Result

Financial Freedom is Amazing!

Time Freedom is Also Amazing!

Financial Freedom is Very Powerful!

Time Freedom is Also Very Powerful!

There is nothing like it!

There is nothing like it!