

Problem-Solving Sequence

I. Define Problem (Analyze).

II. Identify Possible Solutions.

III. Decide on a Specific Course of Action to Solve Problem.

A. Consider Personal Strengths and Weaknesses.

B. Count Costs.

IV. Take Action

A. Don't Dwell on Problem.

B. Pursue Only Solution(s).

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circa 1985

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smc / lbls